



HEALTH PROMOTION

Each young person placed at Back on Track Housing will be encouraged to register with all health services. This will be part of their living skills programme.

Health promotion is also undertaken by our care staff that endeavour to develop and enhance the individual young person's awareness of the different health care aspects ensuring that they have a better understanding of issues relating to health care promotion. This is achieved through individual and group discussions such as key work sessions, one to one discussions, residents meetings and through inviting local and national specialist agencies to Back on Track Housing to discuss specific social and health related issues with the residents and staff both individually and as a whole group. If it has been recognised that a young person has issues that could affect their health development then individual referrals can be made to specialist agencies so that assessments and packages can be put in place that would support the young person to overcome their presenting problem and / or dependency. This will be done in partnership with their social worker